

|                          |  |                    |                          |                        |                          |
|--------------------------|--|--------------------|--------------------------|------------------------|--------------------------|
| <p><b>Start</b></p>      | <p>Sit down</p>  | <p>Turn around</p> | <p>Clap your hands</p>   | <p>Stamp your feet</p> | <p>Put up your hands</p> |
| <p>Squat</p>             | <div data-bbox="430 495 903 1079" data-label="Image"> </div> <p data-bbox="1092 568 1522 625" style="text-align: center;"><b>Read and do</b></p> <p data-bbox="945 722 1669 901" style="text-align: center;">Throw the dice, take your steps. Read and do what you read. When you reach start you can continue after singing a song.</p> <p data-bbox="976 950 1638 1031" style="text-align: center;"><i>Needs: a dice and for each player a counter</i></p> |                    |                          |                        | <p>Wave</p>              |
| <p>Snap your fingers</p> |  |                    |                          |                        |                          |
| <p>Jump six times</p>    | <p>Nod your head</p>   | <p>Shake hands</p> | <p>Point to the door</p> | <p>Dance</p>           | <p>Stand up</p>          |